

Write To Influence: The Word-Slinger Showdown!

By Wooble

Round-1: Shake Up the Script

1. MindBloom CBT Thought Record Workbook

Ever felt lost in negative thoughts, demotivated, or mentally fatigued? No worries--CBT Thought Record Workbook has got you covered. Use a CBT workbook that has clear tables in order to control your thoughts. This 8 x 10-inch workbook helps in keeping your unhelpful thoughts in check by challenging them and reframing them so that you can say goodbye to those thoughts. With a calming layout, check-ins, and instructions, it helps in order to remove your unhappy thoughts, filling you with calmness and peace.

Your personal therapist who doesn't judge you and is certainly lightweight enough to be carried anywhere.

So, whenever you open the workbook, you dump all those thoughts that disturb you and remember one page at a time. Your healing journey starts now.

2. Mind Bloom Stress-Relief Candle Set

Feeling stressed, tensed? Frustrated with your daily routine, boss's taunts, and your lover's tantrums? Try the MindBloom Stress-Relief Candle Set. Not just a candle — it's a stress remover, calming you with peace and soothing your nerves. Forget your stress with this candle set, made from soy wax and a standard cotton core wick, with an average burn time of approximately 30 hours.

No colorants, dyes, essential oils, or artificial additives — just original peace and calm, along with ambient lighting. Whether you're meditating or just relaxing, this candle helps you connect with your inner peace.

This sleek glass jar adds aesthetic to your spot — and your life. With the MindBloom Stress-Relief Candle Set, ignite your internal calm.

Your inner peace starts with one flame.

So, whenever you open the workbook, you dump all those thoughts that disturb you and remember one page at a time. Your healing journey starts now.

3 Styles Write- Up

Formal

With your workbook, you can take down all your fatigued emotions and engage with the process that supports your gradual healing and emotional calmness. Your healing begins with one page and one thought at a time.

Witty

Got your head banging with negative thoughts? Crack open the CBT Thought Record Workbook — start venting, dumping out all those emotions, and feel a sense of satisfaction within.

P.S. No therapist needed. All at your fingertips.

Gen Z

Got those thoughts partying in your brain? Got hungover from it? Relieve it all with the CBT Thought Record Workbook. Go slow — don't lose your glow, cause staying cool is part of the healing vibe.

Style-Choice

I choose Formal, Witty and Gen-Z in order to cater the diverse audience of Mind Bloom's diverse audience. The formal tone to capture the credibility of product, Witty to keep things lively and engaging and Gen-Z to add energy in order to promote mental wellness in proper and approachable way.